

# Bath County Public Schools

## OCTOBER 2010 BREAKFAST & LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All breakfasts are served with a choice of fruit or juice.  
All meals are served with a choice of milk.

Menus are subject to change, depending on prices  
& availability of food items.



**BCHS  
OFFERS  
SALAD BAR.**

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**1**  
**BREAKFAST:**  
Pancakes/Syrup  
  
**LUNCH:**  
Hot Dog on Bun w/  
Chili, Vegetarian  
Beans, Cole Slaw,  
Choice of Fruit  
  
BCHS Salad Bar Entrée:  
Cheesesticks

**4**  
**BREAKFAST:**  
Cheese Toast  
  
**LUNCH:**  
Popcorn Chicken,  
Baked Potato, Mini  
Carrots w/ Dip,  
Biscuit, Choice of  
Fruit  
  
BCHS Salad Bar Entrée:  
Peanut Butter Sandwich

**5**  
**BREAKFAST:**  
Breakfast Pizza  
  
**LUNCH:**  
Cheeseburger on Bun  
(L/T/M), Tater Tots,  
Spinach, Fruit  
  
BCHS Salad Bar Entrée:  
Grilled Cheese Sandwich

**6**  
**BREAKFAST:**  
Cereal, Muffin  
  
**LUNCH:**  
Fajita Wrap w/ Salsa,  
Sour Cream, Cheese,  
Rice Pilaf, Bean  
Salad, Fruit  
  
BCHS Salad Bar Entrée:  
Ham & Cheese Wrap

**7**  
**BREAKFAST:**  
Sausage Biscuit/Gravy  
  
**LUNCH:**  
Barbeque on Bun,  
California Mix, Corn,  
Mixed Fruit  
  
BCHS Salad Bar Entrée:  
Mini Corn Dogs

**8**  
**BREAKFAST:**  
Scrambled Eggs, Li'l  
Smokies  
  
**LUNCH:**  
Fish, Macaroni &  
Cheese, Cole Slaw,  
Biscuit, Fruit  
  
BCHS Salad Bar Entrée:  
Chicken Tenders

# National School Lunch Week

**11**  
**BREAKFAST:**  
Egg/Cheese Biscuit  
  
**LUNCH:**  
Spaghetti w/ Meat  
Sauce, Green Beans,  
Tossed Salad,  
Breadstick, Mandarin  
Oranges  
  
BCHS Salad Bar Entrée:  
Mini Corn Dogs

**12**  
**BREAKFAST:**  
Breakfast Pizza  
  
**LUNCH:**  
Taco Salad, Mexican  
Rice, Broccoli, Fresh  
Fruit  
  
BCHS Salad Bar Entrée:  
Cheesesticks

**13**  
**BREAKFAST:**  
Manager's Choice  
  
**LUNCH:**  
Vegetable Soup,  
Grilled Cheese,  
Crackers, Peaches  
  
BCHS Salad Bar Entrée:  
Popcorn Chicken

**14**  
**BREAKFAST:**  
Sausage Biscuit/Gravy  
  
**LUNCH:**  
Stuffed Crust Pizza,  
Corn, Tossed Salad,  
Whole Wheat Sugar  
Cookie  
  
BCHS Salad Bar Entrée:  
Barbeque Wings

**15**  
**BREAKFAST:**  
Cereal, Muffin  
  
**LUNCH:**  
Chicken Tenders,  
Macaroni Salad,  
Spinach, Whole Wheat  
Roll, Fresh Fruit  
  
BCHS Salad Bar Entrée:  
Egg Rolls

**18**  
**BREAKFAST:**  
Pancake-on-a-Stick  
  
**LUNCH:**  
Ham & Cheese on  
Bun (L/T/M), Peas &  
Carrots, Pasta Salad,  
Cherry Cobbler  
  
BCHS Salad Bar Entrée:  
Pizza

**19**  
**BREAKFAST:**  
Breakfast Pizza  
  
**LUNCH:**  
Baked Potato w/ Chili/  
Cheese/Sour Cream,  
Broccoli Florets, Whole  
Wheat Roll, Fruit  
  
BCHS Salad Bar Entrée:  
Ham/Cheese Wrap

**20**  
**BREAKFAST:**  
Scrambled Egg, Toast  
  
**LUNCH:**  
Manager's Choice  
  
BCHS Salad Bar Entrée:  
Grilled Cheese

**21**  
**BREAKFAST:**  
Sausage Biscuit,  
Gravy  
  
**LUNCH:**  
Beef-a-Roni, Green  
Beans, Salad, Roll,  
Haystacks  
  
BCHS Salad Bar Entrée:  
Popcorn Chicken

**22**  
**BREAKFAST:**  
Cheese Toast  
  
**LUNCH:**  
Turkey w/ Gravy on  
Toast, Mashed  
Potatoes, Greens,  
Fresh Fruit  
  
BCHS Salad Bar Entrée:  
Baked Potato w/ Toppings

**25**  
**BREAKFAST:**  
Egg/Cheese Biscuit  
  
**LUNCH:**  
Potato Soup, Grilled  
Cheese, Crackers,  
Orange  
  
BCHS Salad Bar Entrée:  
Corn Dog

**26**  
**BREAKFAST:**  
Breakfast Pizza  
  
**LUNCH:**  
Nachos w/ Ground Beef,  
Cheese, Sour Cream,  
Shredded Lettuce,  
Tomatoes, Mexicali  
Corn, Fresh Fruit  
  
BCHS Salad Bar Entrée:  
Soup

**27**  
**BREAKFAST:**  
Lil Smokies, Toast  
  
**LUNCH:**  
Grilled Chicken on  
Bun, French Fries,  
Tossed Salad, Fruit  
  
BCHS Salad Bar Entrée:  
Cheesesticks

**28**  
**BREAKFAST:**  
Sausage Biscuit,  
Gravy  
  
**LUNCH:**  
Student's Choice  
  
BCHS Salad Bar Entrée:  
Mini Corn Dogs

**29 EARLY RELEASE**  
**BREAKFAST:**  
Cereal, Toast  
  
**LUNCH:**  
Pizza (Stuffed Crust),  
Corn, Carrot/Celery  
Sticks w/ Dip, Orange  
Sherbet, Graham  
Crackers  
  
BCHS Salad Bar Entrée:  
Chicken Tenders